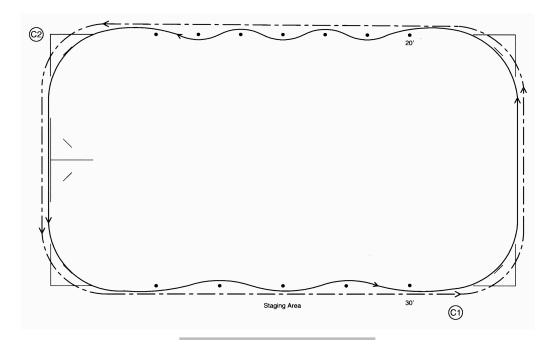
Range Exercise Case Study #2

Exercise 5 – Adjusting Speed and Turning - Riding the perimeter

- The RiderCoach sent riders from the staging area to the perimeter to begin the exercise.
- The RiderCoach then moved to a position outside of the riders' path of travel 30 feet forward of the corner (see diagram)
- The coach then began to verbally coach students from that position.
- Riders sometimes turned their heads to try to hear the coach as they rode past.



- 1) Identify Continuous Improvement Opportunities (CIO)?
- 2) Identify appropriate content to context threading.
- 3) What would you do to facilitate performance improvement for this RC?